



THE LISTENING PLACE

Making Room For Grief & Loss

Community Resources

Crisis Hotlines:

- National Suicide and Crisis Hotline: 988
- Behavioral Health Response: 314-469-6644 (Telephone hotline and mobile outreach in St Louis)

Counseling:

- Psychology Today: www.psychologytoday.com (Search by specialty, location, and insurance criteria)
- Provident Counseling: 314-533-8200 (Locations downtown, Northwest County, South County, & Jefferson County)
- Change Incorporated: 314-669-6242 (Two locations in South St Louis city)
www.changeincorporated.org/grief-counseling
- St Louis Behavioral Medicine Institute: 314-289-9411 (locations in South City, Chesterfield, and Belleville, IL)
www.slbmi.com/programs-and-services/behavioral-health-services/grief-counseling

Support for Specific Losses:

- Annie's Hope- The Bereavement Center for Kids: 314-965-5015 www.annieshope.org
- BEHOLD: 314-792-7171, Faith-based divorce and separation support groups at various St Louis area churches
www.archstl.org/marriage-family-life/divorced-separated
- BJC Hospice: 314-953-1676, Support groups for kids, teens, and adults grieving loss of child, partner, friend, or family member www.bjchospice.org
- Cancer Support Community Greater St Louis- Groups for men, women, and children dealing with the challenges of cancer, 314-238-2000, www.cancersupportstl.org/get-support
- Central Reform Congregation- A Jewish Presence in St Louis City, 314-361-3919, For those experiencing the loss of a loved one <https://www.centralreform.org/support-at-crc/>
- Divorce Care: www.divorcecare.org/countries/us/states/mo/cities/st.louis
- Survivors of Suicide (S.O.S.)- For those grieving the loss of loved one to suicide, 314-446-2831,
www.providentstl.org
- VITAS: All-virtual support groups for a variety of grief topics including LGBTQIA & grief, loss of spouse, loss of child, COVID loss, 855-374-9942 www.vitas.com