



# Grief Support Group

Guidance on Your Grief Journey - Starts April 11, 2022

If you are grieving the death of a loved one, you're not alone. We welcome you to join our monthly grief support group, held on the second Monday of each month, 6 - 7:30pm, starting on Monday, April 11, 2022.

Participation is free, and reservations are not required. Connect with others in a caring environment where it is safe to share stories of loss. Our goal is to help you create peace and healing along your grief journey.

*\*To help protect against COVID-19, all attendees will be required to wear a mask and observe social distancing.*

Second Monday of  
Each Month

**6 - 7:30 PM**

For questions, please contact  
Julie Strassman at 314-504-4983

or

[jastrassman@bethesdahealth.org](mailto:jastrassman@bethesdahealth.org)

**BETHESDA** Hospice Care

Support Group will be held at The Listening Place  
1333 W. Lockwood Ave. Webster Groves, MO 63122  
Corner of Lockwood & Berry - enter door facing Berry Rd.