



Monthly Support Group

Guidance on Your Grief Journey - Open to All

If you are grieving the death of a loved one, you're not alone. We welcome you to join our free monthly grief support group, held on the second Monday of each month, 6 - 7:30pm.

Participation is free, and reservations are not required. Connect with others in a caring environment where it is safe to share your story of loss. Our goal is to create peace and healing along your grief journey by providing a listening ear, friendly guidance, and useful resources that can help you cope with grief. All are welcome!

Second Monday of
Each Month

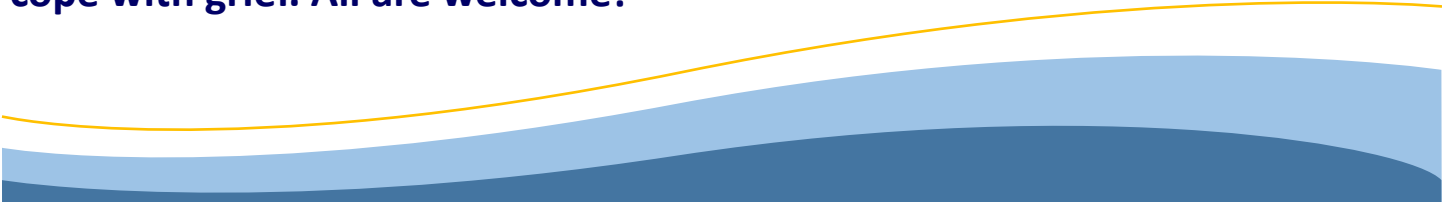
6 PM

For questions, please contact
Julie Strassman at 314-373-7041

or

jastrassman@bethesdahealth.org

BETHESDA *Hospice Care*



**Support Group will be held at The Listening Place
1333 W. Lockwood Ave. Webster Groves, MO 63122
Corner of W. Lockwood & Berry - enter door facing Berry Rd.**